

**Strengthening Families Program 2020/2021 and
Fall 2021/Spring 2022 Plan**
San Juan
Island Prevention Coalition

	Costs	SJIPC CPWI DMA NSDMA	SJCPHD	Notes: Priority is relationships--> building trust, building skills
Training via virtual with WSU (staff time)	2,400	2,400		Minimum of 10 hours per 6 person staff; Updates on evidenced based adaptations for virtual delivery from Iowa State University and Washington State University; Updates for in-person delivery (60 hours X \$40)
Fall 2020 Spanish Sessions (7 Adult, 7 Youth, 7 Family)				Not delivered due to covid; families requested in person
Spring 2021 English Sessions (7 Adult, 7 Youth, 7 Family)	4,200	2,600	1,600	21 sessions - 21 hours minimum, up to 30 hours, minimum of 5 staff, up to 6
San Juan Island Participant Costs (time, travel)				No travel in 2020 and 2021 due to covid; all virtual
SJIFRC SFP Team Booster Sessions through June	2,400		2,400	60 hours; Family contact time during delivery of food and supplies, or during connection time with other JLS Family Resouce Center gatherings and support (60 hours X \$40)
SJIFRC SFP Team Planning/Debrief/Prep - 30 hours X 6	7,200	7,200		180 hours per person at \$30-40/hour for two series (at a minimum)
Program Participant Materials (Printing)	2,000	1,500	500	About \$100 per parent/guardian/youth pair participant; food; incentives
Professional Services SubTotal Costs	\$18,200	\$13,700	4,500	SJCPHD 5000, County SJIPC CPWI/DMA 5000
Admin: SJIPC Coordinator/County Coordinator	2,800	2,300	500	Grant writing, reporting, contract management; overall coordination for the island and county (2000 SJIPC CPWI, 300 SJC NSBHO DMA)
Total Costs to Date as of January-June 2020				Spring 2021 Delivery Costs totaled \$ 21,000 (July 2020-June 2021)
Projected Need for One Series implementation: Each series is a minimum of seven two hour direct instruction time; a family style meal is included as part of the relationship building process, and a place to practice the newly learned skills				<i>The fifth San Juan Island Strengthening Families Program for Parents and Youth 10-14 will take place in the Fall 2021 . We have 12 Spanish speaking families on the waiting list, and during 2020, they told us that they wanted to wait for an in-person session. English speaking sessions are on deck for Spring 2022. We hope to serve 6-10 families per series; 12-20 families total.</i>
Five (5) Facilitators X 7 sessions X 4 hours direct X \$40/hour X 2		11,200		1. 5 hours for Youth, 1.5 hours for parents, 1 hours for family (140 hours)
Six (6) Facilitators: Planning, Debrief, Evaluation - 30 hours each	7,200	7,200		Three hours per session minimum (3 hours X 6 persons X 7 sessions X \$30) 126
Participant Materials for Series (2021 Spanish and 2022 English X12)	1,200	1,200		Includes printing, mailing, delivering with food drops
Reporting/Coalition Coordination and Monitoring		1,600		
Training of two- three Facilitators in English/Spanish				
TOTAL Estimated Costs through June 2022		21,200	21,200	

